

“CHRIST BE OUR LIGHT”

Dear Ladies,

We have been praying for you, eagerly anticipating you joining us for the Women’s Retreat as the promise of spring approaches. We have planned a refreshing weekend of spiritual renewal and look forward to sharing our journeys in Christ. Our goal is to make this brief time for you a spiritual experience filled with relaxation, prayer, reflection, laughter, and song; a refreshing step in your own journey with Jesus. And the food, have we mentioned the fabulous food that will be prepared for you?

Is this your year? Join us and you will meet other parish women experiencing similar demands and challenges in their busy lives. We are women in all stages of life—with young children, school-age kids and college kids; students; empty-nesters, single, married; working outside the home, retired. We pray you hear God’s call to make this time for yourself. How joyful we have been in our decisions to attend.

We look forward to gathering with you in Christ for this very special time.

The Women of CRHP Team 33

A Personal Experience

The Women of CRHP Team 33:

“**THE CRHP WEEKEND** was truly the most moving experiences of my life. It brought me closer to God, St. Mary’s Church and the wonderful women in this community.”

“**JUST THE BEGINNING** – little did I know that this would just be the start of my realization that I longed for a deeper relationship. This weekend was wonderful in every way.”

“**POWERFUL WEEKEND!** I can truly say the experience will impact your life forever! And you will be so glad you accepted “the calling” to attend.”

“**RENEWING, SHARING AND CREATING** lifelong friendships in faith. A wonderful experience.”

“**WHAT AN AMAZING EXPERIENCE** our weekend was. I am so thankful that my spouse shares in this experience with me as it deepens our relationship with God and one another. I have a deeper desire to receive Christ in the sacraments as often as I can now.”

***He restores my soul, He guides me
in paths of righteousness.***

Psalms 23:3

**CHRIST RENEWS HIS PARISH
WOMEN’S RETREAT**

March 2-3, 2019

St. Mary’s Parish Center

6919 Transit Road

Swormville, NY 14051

RSVP to St. Mary’s Rectory: (716) 688-9380

Questions?

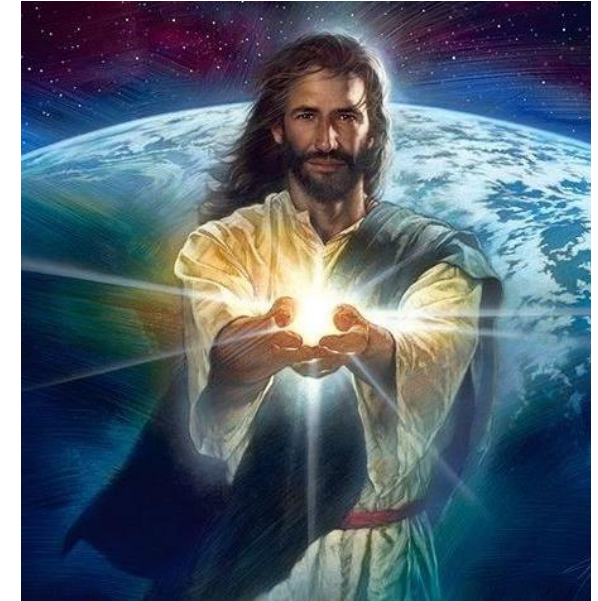
Contact: Melissa Kent (207-5676) or

Gail Testa-Romano (867-0620)

<https://www.stmaryswormville.org/sacraments-spiritual-opportunities/christ-renews-his-parish>

Women of St. Mary’s,
This is Your Personal Invitation

REFRESH, RENEW “CHRIST BE OUR LIGHT”



**CHRIST RENEWS HIS PARISH
WOMEN’S RETREAT**

March 2-3, 2019

“Christ be our light!

Shine in our hearts.

Shine through the darkness.”

About CRHP

Christ Renews His Parish (CRHP) is a spiritual renewal weekend to help individuals grow in their personal relationships with Jesus Christ and with others in their faith community. It is an excellent opportunity for Catholics to renew their understanding of the basic beliefs and traditions of their faith.

CRHP is a process designed to bring members of a participating parish together in Christ. Just as all our other commitments need renewal, so does our commitment to Christ if we are to be faithful followers. CRHP is an effective spiritual renewal that calls together members of the parish to experience personal conversion and Christian community within the environment of St. Mary's.

What to Expect

You will meet other parishioners facing the same life challenges—family, marriage, career, society. Participants have the opportunity to hear and discuss how we live as Catholics in our modern, complex, fast-paced world. There will be scripture readings, and time for prayer and personal reflection. You and your needs will always be respected. The sharing of dialogue is stimulated in a liturgical, scriptural, and prayerful atmosphere. Your dialogue is to the extent of your comfort level. The CRHP weekend allows you to develop a closer and deeper relationship with Christ.

Who May Participate

Females age 19 and older (parishioners and non-parishioners, Catholics and non-Catholics) are invited to participate (A separate weekend is held for the men). St. Mary's CRHP Alumni are also welcome to re-retreat—and bring a friend along as well!



*Your word is a lamp to my feet
and a light to my path.*

Psalm 119:105

Prepare For Your Weekend

◆ **RSVP by February 15 using the form to the right. Call Melissa (207-5676), or Gail (867-0620) for more information.**

◆ **Meet in the Parish Center**, Saturday, March 2 at 8 a.m. Activities conclude with Mass in the church at 3 p.m. on Sunday, March 3. Invite your family and friends to attend Mass! Afterwards we celebrate together with a reception in the cafeteria.

◆ **Dress casually** and comfortably. Bring a change of clothes, PJs, toiletries, towels. Showers are available.

◆ **Accommodations** for Saturday night are simple and adequate. Mattresses are provided. Bring your pillow and sleeping bag or blankets.

◆ **Meals** are provided by volunteers. There are regular beverage/snack breaks. Special dietary needs are accommodated. Let us know when you RSVP.

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◆ **Sacraments** are an integral part of the weekend. There is an opportunity to participate in reconciliation, and the weekend concludes with Sunday Mass at 3 p.m. with family and friends. Please invite your loved ones.

◆ **There is no fee to attend.** Donations are gratefully accepted to help keep this program self-sustaining. Please, do not let financial concerns keep you from attending.

And your ears shall hear a word behind you,

“this is the way; walk in it”

Isaiah 30:21

RSVP to Participate

Complete and clip this section; forward to the Rectory Office **by February 15.** Contact Melissa Kent (207-5676) or Gail Testa-Romano (867-0620) for more information.

Please print clearly.

YOUR NAME _____

ADDRESS _____

PHONE _____

E-MAIL _____

SPECIAL DIETARY NEEDS No Yes, specifically, _____

EMERGENCY CONTACT

NAME _____

Relationship _____ Phone(____) _____

E-mail _____

Additional family and friends you would like to keep you in their thoughts and prayers. Attach a sheet to include as many people as you wish. **Print clearly.**

NAME _____

Relationship _____ Phone(____) _____

E-mail _____

NAME _____

Relationship _____ Phone(____) _____

E-mail _____

NAME _____

Relationship _____ Phone(____) _____

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NAME _____

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