

EPISODE 29 – The Bow Before Communion

1. The words of Jesus often focus on what is in ones heart. What are some of your favorite passages?
 - Every word of Jesus captured in the Gospels is a favorite of mine. If not a favorite today, it has been in the past and will most likely be so in the future. However, if I had to pick out only a few of my favorites today they would be in the parables Luke 15:11-32 (The Prodigal Son) and Luke 10:25-37 (The Good Samaritan). These have been a rich source for meditation and prayer.
2. How can obedience to the Church's liturgical law be a spiritual exercise?
 - Obedience is defined as "compliance with an order, request, or law or submission to another's authority." God has given us the Church to lead us on this pilgrim journey through this life. With the installation of Peter as the first Pope, the leader of His Church, Jesus established the Church with His authority. As a spiritual exercise it is helpful for me to consider the words of Mary to Gabriel "Behold, I am the handmaid of the Lord; let it be done to me according to your word" (Luke 1:38). Also helpful is to list the differences between Eve who was not obedient and Mary who was.
 - Eve
 - a virgin
 - created without sin
 - betrothed to a man
 - visited by an angel (a fallen one)
 - asked a question
 - disobedient to God
 - Mary
 - a virgin
 - conceived without sin
 - betrothed to a man
 - visited by an angel
 - asked a question
 - obedient to God
 - I want to be obedient to God and so I choose to be obedient to His church.