

EPISODE 23 – The Word of the Lord

1. Are you aware of the extent to which the texts of the Mass are drawn from the Bible?
 - Today the answer is yes, but that was not the case all of my life. It was in taking a course on the Biblical roots of the Mass that I learned just how closely the text of the Mass are connected to the Bible. I is also in using [Lectio Divina](#) on the text of the Mass that I have derived an even greater meaning for me.
 - This video brought to life for me what is truly meant by the “Word of the Lord”. How it is not the word on the page but the word actively proclaimed and understood, penetrating the mind and heart. That is not something I truly appreciated before this lesson. Coming to this understanding brings joy and peace to me.
2. What liturgical texts resonate most with you?
 - Each day, each Mass is the same and yet different. The same because the liturgy is unchanged. Different because I am just a bit different today than yesterday. The problems of today are not quite the same as the problems of yesterday. It is in my prayer, my communication with God, that I hear His word to me. It is at those moments when the texts of the liturgy resonate most with me. For then, through the Liturgy I find answers, meaning to my suffering, forgiveness for my sins, etc. On those days when I find myself distracted by the noise of the world, the temptations of the evil one, that the text of the liturgy pass right through me with little effect. My challenge each day is place my focus on Him who has created me in love to love Him and His people. When I seriously take up this challenge, it is then that the living Word of God penetrates the deepest, effecting directly in heart and soul, and indirectly my body.