

# Choosing a Confirmation Name

"I will give them an everlasting name." Isaiah 56

CANDIDATES NAME: (FIRST) \_\_\_\_\_ (M) \_\_\_\_\_ (LAST) \_\_\_\_\_

## A) WHAT'S IN A NAME?

*When you were born, your parents chose your name. They may have chosen your name in honor of a special person in their lives: a grandparent, aunt or uncle, or close friend. They may have chosen your name for the meaning behind it. Perhaps they chose your name because they felt a close connection to a holy man or woman of our faith-one of the saints. Maybe they just really liked your name! Most likely, it was a combination of many factors. **Ask your parents why they chose the name they did for you, and record their response below.***

## B) NOW IT'S YOUR TURN!

*Your name gives you an identity; it tells others who you are. At your Baptism, you were called by name, and christened to become a child of God. **As a part of your preparation to receive the Sacrament of Confirmation, you have the privilege and responsibility, just like your parents did when you were born, to choose a name.***

† *Your Confirmation name should reflect your closer identification as a member of the Catholic Christian community.*

† *The name you select can be associated with someone in your life, your parish, or your community whom you respect and admire. Many Confirmation candidates select a name from a parent or grandparent, honoring them for their example of love and holiness.*

† *Your Confirmation name should be the name of a Saint.*

† *You can choose your baptismal name or you can choose a completely new name.*

† *PRAY! Just as you should pray about any decision you have to make, ask the Holy Spirit to guide you as you choose a saint as your patron/patroness.*

**REMEMBER:** Do not choose a name just for the name itself - choose for the story behind the Saint and how that Saint can help you as you go forward in life. Make sure your Saint is Roman Catholic - just because there is "Saint" in front of the name does not mean he or she is Catholic.

## 1) WHERE SHOULD I BEGIN TO CHOOSE A CONFIRMATION NAME? - Research

*There are a variety of books depicting the lives of the saints and a book is a great place to start! Some of the books tell the life story of one saint in particular, and others give a brief story about the lives of numerous saints so you can read about many holy men and women all in one place. You can use the internet to research the saints. You can Google a Saint name, just be sure you check the source (is it Catholic?).*

**Here are a few sites to check out that I have found helpful:**

<http://www.catholic.org/saints/>

<http://www.catholic-saints.info/>

<http://www.americancatholic.org/Features/Saints/byname.aspx>

**AND 2) TO HELP YOU CHOOSE A SAINT, WRITE DOWN A FEW THAT YOU HAVE RESEARCHED  
SEE WHAT YOU LIKED ABOUT THEM.**

○ Saint name and what I liked about this saint: \_\_\_\_\_

\_\_\_\_\_

○ Saint name and what I liked about this saint: \_\_\_\_\_

\_\_\_\_\_

**C) FINAL CHOICE FOR MY CONFIRMATION NAME: \_\_\_\_\_**

*On Confirmation day, the Bishop may ask you about the Saint you chose. Know the story behind your saint by answering the following questions:*

**1) What is your Saint's full name? \_\_\_\_\_**

**2) What difficulties and struggles did your Saint encounter? \_\_\_\_\_**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**3) How did this saint follow Jesus in the way he or she lived? \_\_\_\_\_**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**4) How is this Saint an example for your life? \_\_\_\_\_**

\_\_\_\_\_

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**This form is due at the Confirmation Prep Session on November 18, 2018.**