

The first three commandments show us how to love God

1. We try to put God first in our lives.
2. We use God's name only with love and respect.
3. We keep Sunday as God's special day of prayer and rest.

The other commandments show us how to love ourselves and others

4. We listen to and obey those who care for us.
5. We care for all living things.
6. We care for our bodies and respect others.
7. We do not steal; we are fair to everyone.
8. We are truthful in what we say and do.
9. We are faithful to those we love.
10. We help people to have what they need to live.