

PRESENCE REFLECTION

What is the most prevalent positive emotion in your life right now? Are you happy, peaceful, feeling accepted, feeling loved, etc.?

Thank Jesus for those joys.

What is the most prevalent negative emotion in your life right now? Are you stressed, lonely, angry, feeling misunderstood, etc.?

After hearing tonight's talk, how is Jesus present to you in your suffering? How can you turn to Jesus in your need?

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